

NOMINATION OF Stasi Lubansky '78 FOR the 2026 DISTINGUISHED ALUMNI AWARD

Linda V Saal '71A

It is with great pleasure that I introduce you to our DA for 2026, Stasi Lubanasky. I have known Stasi since the early 80's when our husbands started a lipid Center at NYH-Cornell Med Center. Our sons are 3 weeks apart.

As per the criteria for this award, Stasi has a record of achievement in all the criteria: Nursing Practice, Nursing Service, Nursing Education, Nursing Research and Teaching. A review of Stasi's CV alone reflects a career marked by exceptional achievement and dedication.

Stasi earned her RN education diploma at Buffalo General School of Nursing, BSN at Cornell University NY Hospital School of Nursing, her MS. ANP from Columbia University School of Nursing and DNP from SUNY Stony Brook School of Nursing.

NURSING PRACTICE

Stasi began her nursing career in 1974 as a staff nurse at the then New York Hospital in the Department of Medical Nursing. She was hired to staff the first MICU and worked there for 3 years. While working nights, Stasi attended Hunter College and earned college credits that allowed her to attend the RN to BSN program at CUNYHSON. After earning her BSN, Stasi went on to earn her MS/ANP at Columbia U School of Nursing and began her nurse practitioner career in primary care in 1980 at Cornell Internal Medicine Practice, (now WCIMA). In 2012 she earned her DNP from Stony Brook University School of Nursing.

Stasi is a certified Diabetes Care and Education Specialist and a certified Tobacco Treatment Specialist. Most recently (2025) Stasi became board certified in Lifestyle Medicine. Stasi has been a Nurse Practitioner in primary care at Weill Cornell Internal Medicine Associate since 1980.

In 2021 Stasi was promoted to Assistant Professor of Education in Clinical Medicine at Weill Cornell Medicine, quite an accomplishment for a nurse. While working full time providing direct patient care as a nurse practitioner in primary care, Stasi has engaged in many other professional activities related to patient care. TEACHING: She served as adjunct faculty at Hunter College School of Nursing, and precepted many students from Pace, Columbia, Stony Brook and Hunter. She also has engaged in the education of medical students and residents.

Other clinical activities that Stasi helped to establish at Weill Cornell that are ongoing, such as the National Diabetes Prevention Program, a robust Diabetes Management and care initiative in primary care that is ongoing;

- Established the Tobacco Treatment Initiative at Weill Cornell.
- Serves on the CUNYHS0N Alumni Association Board of Directors, as well as the Cornell University Trustee Nominating Committee (2 terms).
- Served on the Board of Directors of the American Holistic Nurse Association 2019-2023.

RESEARCH:

- 1) Role of Vitamin D Status in Response to Bisphosphonates 2008-2010.
- 3) Decreasing 30 Day Readmission Rates in High-Risk Diabetes Patients:
- 4) DSRIP Tobacco Cessation Services Project.
- 5) Optimizing the delivery of diabetes management for adults with breast cancer: A stakeholder-engaged study protocol".2003-2026.

In addition, Stasi has authored several publications.

Stasi's practice is grounded in compassion, presence, and a steadfast dedication to patient-centered healing. Beyond her impact on individual patients, Stasi has helped shape healthcare environments that embrace integrative and preventive approaches to wellness, contributing meaningfully to the health of the greater New York Community through her primary care practice. She consistently goes above and beyond to meet the needs of her patients, offering not only expert care but also genuine compassion.

In her spare time, Stasi has completed many triathlons and has completed 27 marathons. Stasi has mastered balancing the dedication to her professional nursing role, her training schedule and always having fun- as a grandmother, mother, wife, and my good friend.